



UN SCHOOL VOLUNTEERS

India

"Coorg Public School and PU
College, Gonikoppal, South Kodagu,
Karnataka.

(The United Nations designated
school in India)

Mental Health Awareness Program

November 2023

The mental health awareness
workshop by mind and matter
(Madikeri) in collaboration with the
Department of psychiatric social

work NIMHANS was held on 11th November 2023.

MS Kavya co-ordinator along with a few Medical students from Kodagu Medical college volunteers and took up the session.

Teachers and standard 8 students were part of the session .The Workshop aimed to educate children and teachers about various aspects of mental health and equip them with essential tools to cope with challenges effectively. It is purely an awareness program that advocates for better mental well-being through emotional and psycho

social competencies ,helping
educators to play a vital role in
creating a healthy school
environment!

The National UN Volunteers-India.
We follow the ten principles of
UNITED NATIONS.

mental health.

AWARENESS



COPS - Gonikoppal

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MENTAL HEALTH AWARENESS
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